



## LAVENDER FLOWER

**Botanical Name:** *Lavandula officinalis*

**Common Name:** Lavender, *Lavandula*

**Medicinal part:** Flower bud

**Description:** Lavender is a genus of 39 known species of flowering plants in the mint family, Lamiaceae. It is native to the Old World and is found from Cape Verde and the Canary Islands, Europe across to northern and eastern Africa, the Mediterranean, southwest Asia to southeast India. Many members of the genus are cultivated extensively in temperate climates as ornamental plants for garden and landscape use, for use as culinary herbs, and also commercially for the extraction of essential oils.



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Golden Bough Botanicals Inc.

12 - 1585 Cliveden Avenue  
Delta, BC V3M 6M1, Canada

Toll Free: 1-877-950.8700

[www.goldenbough.ca](http://www.goldenbough.ca)